

三上英语 Unit 3 每日一练

What do we look like? | 沪教版三上 P25–P34 | 每天 10 分钟

天数	主题	对应课本
Day 1	身体部位 7 个词	P26 Get ready
Day 2	a / an 与复数 · I have...	P26 Learn + P27
Day 3	故事 Minmin's haircut	P28–P29 Explore
Day 4	形容词 + 名词搭配	P31 Grammar
Day 5	交际运用 + 小诗	P32–P34

写下开始日期，每天做完打一个 ★：

Day 1	Day 2	Day 3	Day 4	Day 5
☆	☆	☆	☆	☆

每天最后一题都是「开口说」。读出来、说出来，才算真的学会英语。

Day 1 身体部位 7 个词

对应课本 P26 | 目标：听音能指、看图能说

head hair face eye ear nose mouth

一、看图写单词（身体部位）

1. 头发 _____ 2. 头 _____ 3. 脸 _____ 4. 眼睛 _____
5. 耳朵 _____ 6. 鼻子 _____ 7. 嘴 _____

二、圈出正确的词

1. 我用它看东西：eye / ear
2. 我用它听声音：nose / ear
3. 我用它闻气味：nose / mouth
4. 我用它吃东西、说话：mouth / face

三、补全单词（首字母已给）

1. h _ _ r (头发) 2. n _ s _ (鼻子) 3. m _ _ th (嘴)

四、按首字母排序（写在横线上）

hair ear face nose →

开口说 ■ 站到镜子前，指着自己的五官说 7 个词：

head / hair / face / eye / ear / nose / mouth

Day 2 a / an 与复数 · I have...

对应课本 P26 Learn 框 + P27 | 本单元唯一语法点

一、填 a 或 an

1. _____ eye 2. _____ nose 3. _____ ear 4. _____ mouth 5. _____ face

二、写出复数形式

单数	复数
an eye	
an ear	
a nose	

三、连词成句（注意大小写和标点）

1. have / I / eyes / big →

2. long / hair / I / have →

四、选词填空

a an eyes hair

- 1. I have _____ small nose.
- 2. I have big _____ .
- 3. I have _____ round face.
- 4. I have long _____ .

开口说 ■ 看着爸爸妈妈说 3 句：

I have big / small eyes. I have a round face. I have long / short hair.

Day 3 故事 Minmin's haircut

对应课本 P28–P29 | 目标：读懂故事、会回答问题

一、连一连：把人物的话和动作连起来

谁说的	说的话
妈妈	But I like it!
Minmin	You look great!
妈妈（剪完后）	Look at your hair, Minmin. It's too long.
Minmin（剪完后）	I like my haircut, Mum.

二、给对话排序（在括号里写 1–4）

- () Thanks, Mum.
- () I like my haircut, Mum.
- () Look! Do you like your haircut?
- () You look great!

三、判断对错（对写 T，错写 F）

- 1. Minmin's hair is too long. ()
- 2. Minmin can't see his eyes. ()
- 3. Minmin doesn't like his new haircut. ()

四、回答问题

What does Minmin look like now?

开口说 ■ 和爸爸妈妈分角色读故事：
你读 Minmin 的话，爸爸妈妈读妈妈的话。

Day 4 形容词 + 名词搭配

对应课本 P31 Grammar in use | 目标：会替换、会造句

long short big small round

一、选词填空（每词只用一次）

1. Look at my face. I have a _____ face.
2. Look at my nose. I have a _____ nose.
3. Look at my eyes. I have _____ eyes.
4. Your hair is too _____. Sit on this chair, please!
5. Oh! I have _____ hair now.

二、用「形容词 + 名词」写一写（照样子）

例：eyes + big → big eyes

1. hair + long →

-
2. nose + small →

-
3. face + round →
-

三、用 I have... 写 3 句介绍自己

开口说 ■ 把 P31 的 chant 念一遍，再把里面的形容词换成你自己的：
Look at my face. I have a _____ face. Look at my hair. I have _____ hair.

Day 5 交际运用 + 小诗

对应课本 P32-P34 | 综合运用 + 价值观

一、填 a 或 an

1. _____ eye 2. _____ ear 3. _____ nose 4. _____ mouth 5. _____ face

二、选词填空

long short big small round

1. I have _____ hair. (长) 2. I have a _____ nose. (小)

3. I have _____ eyes. (大) 4. I have a _____ face. (圆)

三、连词成句

1. at / your / look / hair →

2. haircut / like / I / my →

四、读小诗，把空缺的单词填上

(brown blue black brown)

People look different.

Some people have _____ eyes.

Some have _____ eyes.

Some people have _____ hair.

Some have _____ hair.

People look different.

It is okay to be different.

开口说 ■ 和同学或家人玩「Who am I?」：
描述自己 I have…，让对方猜 You're…！